

INSTRUCTIONAL POOL SCHEDULE

- ☐ Schedule begins 6-20-11 & valid through 9-04-11
- ☐ Hours: Monday-Friday...7:00 am-8:30 pm; Saturday 8:30 am-5:55pm & Sunday...9:00 am-5:55 pm
- ☐ **The Splash Pad is open during all Family Swim time slots.**

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
5:30 am	CLOSED 5:15-7:00							
	Open Pool 7:00-8:00	Open Pool 7:00-8:00	Open Pool 7:00-8:00	Open Pool 7:00-8:00	Open Pool 7:00-8:00	Pool Closed	Pool Closed	
8:00 am	Aqua Fit 8:00-9:00	Adult Lessons & Open Pool 8:00-9:00	Aqua Fit 8:00-9:00	Adult Lessons & Open Pool 8:00-9:00	Aqua Fit 8:00-9:00	Swimming Lessons 8:30-12:00	Water Mind & Body 9:00-10:00	
9:00 am	Swimming Lessons 9:00-11:00	Swimming Lessons 9:00-11:00	Swimming Lessons 9:00-11:00	Swimming Lessons 9:00-11:00	Swimming Lessons 9:00-11:00			Aqua Fit 10:00-11:00
11:00 am	Camp Swim 11:00-12:00	Camp Swim 11:00-12:00	Camp Swim 11:00-12:00	Camp Swim 11:00-12:00	Camp Swim 11:00-12:00			Family Swim 11:00am-5:55pm
12:00 pm	Family Swim 12:00-1:00	Hydro Healing 12:00-12:45	Family Swim 12:00-1:00	Hydro Healing 12:00-12:45	Family Swim 12:00-1:00	Family Swim 12:00-5:55 pm	↓	
1:00 pm	Active Older Adult Swim 1:00-1:30	Active Older Adult Swim 12:45-1:30	Active Older Adult Swim 1:00-1:30	Active Older Adult Swim 12:45-1:30	Active Older Adult Swim 1:00-1:30		↓	↓
2:00 pm	Camp Swim 1:30-2:15	Camp Swim 1:30-2:15	Camp Swim 1:30-2:15	Camp Swim 1:30-2:15	Camp Swim 1:30-2:15	↓	↓	
3:00 pm	Swimming Lessons 2:30-5:30	Swimming Lessons 2:30-6:15	Swimming Lessons 2:30-5:30	Swimming Lessons 2:30-6:15	Swimming Lessons 2:30-5:30		↓	↓
	Break 5:30-5:45		Break 5:30-5:45		Break 5:30-5:45		↓	↓
5:45 pm	Family Swim 5:45-8:30 pm	Break 6:15-6:30	Family Swim 5:45-8:30 pm	Break 6:15-6:30	Family Swim 5:45-8:30	CLOSED 5:55 pm	CLOSED 5:55 pm	
7:15 pm		Family Swim 6:30-7:30 pm		Family Swim & Aqua Fit 7:30-8:30 pm				Family Swim 6:30-7:30 pm
8:30 pm	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED			

= Open for members participating in current activity
 = Closed to non-registered participants

Schedule is subject to change.

Instructional Pool & Splash Pad Rules

1. All persons must shower before using the swimming pools.
2. Please respect the decisions of the lifeguards.
3. Walk at all times during any activity.
4. Diving in the warm water pool is not allowed.
5. Food, drinks, and glass bottles are not permitted on pool deck.
6. Foul language, pushing, or horseplay is prohibited.
7. Shoes are not permitted on the pool deck at any time.
8. All swimming participants must wear a swim suit, no jeans or cut-offs.
9. Tee shirts will not be allowed into the swimming pool.
10. Only noodles and lifejackets are allowed during family swim. Inflatable devices are not permitted.
11. Children 3 years and under must wear a swim diaper in the pool at all times.
12. Children 10 years and under must be accompanied by an adult into the swimming pool at all times.
13. Children under 14 years of age must be accompanied by an adult in the aquatic area at all times.
14. Non-swimmers must wear a lifejacket or be within arms reach of a parent during all activities.
15. Any child playing in the splash pad must be accompanied by an adult at all times.
16. All family swim participants must check in with the courtesy counter to obtain a wrist band for use of the pool during family swim times. Members will have their membership verified, and non-members will pay for a day use pass.
17. Talking should be kept to a minimum during all water aerobic classes.