



HOLIDAY TOURS 2013



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

ENRICH
ENGAGE
CONNECT

Did you know that the Active Adult enrichment program at the Magdalena Ecke Family YMCA offers a wide array of events for our older population to choose from? From weekly seminars, full day educational excursions, overnight trips and specialty clubs, our older population is never at a loss to find something to keep them engaged, enriched and connected. Throughout the year, we are able to make an impact through these events on the lives of well over 3,000 Active Adults in our area. We invite you to join us!

All day-trip excursions depart from the La Costa Park & Ride.

American Christmas at the Ronald Reagan Museum

Saturday, November 23 | \$109 | NOV13 250A REG23 | 8:15 am-7:00 PM

Saturday, December 7 | \$109 | DEC13 250A | REG7 | 8:15 am-7:00 PM

Saturday, December 14 | \$109 | DEC13 250A REG14 | 8:15 am-7:00 PM

During your visit you'll tour the 26,400-square-foot exhibit hall, which integrates dozens of state-of-the-art interactive displays and thousands of artifacts, including some never-before-seen items that have been in storage since the library opened in 1991. Plus, you'll walk through the presidential jet used by Reagan as well as several other presidents, and enjoy a catered white-linen luncheon underneath the wings of Air Force One.

Activity Level: Moderate

Victorian Christmas at the Historic Banning House

Saturday, December 7 | \$99 | DEC13 250A BAN7 | 10:00 AM-6:00 PM

Journey with us to the historic Banning House and Museum in Wilmington for a homespun Yuletide experience filled with warmth, enchantment and holiday cheer. For one weekend each year, the Banning Museum and grounds are transformed into a Victorian Christmas festival featuring period carolers, self-guided tours of the museum, refreshments and a visit from jolly St. Nick! Docents in period attire take you back to a bygone era, and a horse-drawn trolley ride between the Banning House and Drum Barracks Civil War Museum is always a highlight. You'll also enjoy blacksmith demonstrations, a wreath making presentation, dancers, and local food and craft vendors. Your tour is complete with a traditional high tea at the charming Elise's Tea Room in Long Beach and a shopping stop at Rogers Gardens in Corona Del Mar.

Activity Level: Moderate



Christmas at Naples Island - The Gondola Getaway

Tuesday, December 11 | \$109 | DEC13 250A GON11 | 12:45 PM-9:00 PM

Come with us to Naples Island near Long Beach for a ride aboard an authentic wooden gondola as it gently glides along the enchanted canals and waterways, past magnificent homes and yachts, all decked out in their finest holiday cheer. We'll first stop for an included early dinner at Bucca di Beppo Italian Restaurant. Then, relax while traditionally attired gondoliers provide a leisurely gondola cruise through the scenic waterways of Naples Island.

Activity Level: Moderate

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ACTIVE ADULTS
MAGDALENA ECKE FAMILY YMCA

200 Saxony Road | Encinitas, CA 92024 | 760.942.9622

WAYS TO REGISTER: Call 760.635.3050 or come to the YMCA Registration Desk in person. Active Adults Credit/Refund and Cancellation policies apply to each trip. Please see page 4 for details.



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Christmas Lights Dinner Tour

Tuesday, December 17 | \$79 | DEC13 250A LIT7 | 8:45 AM-6:00 PM

Come along on this traditional holiday excursion as we tour some of the most dazzling neighborhoods and public places around San Diego County decorated with millions of twinkling lights, nativity scenes and glittering celebrations of Christmas. Our first stop is Balboa Park where you'll have time to step off the coach and view the nativity scene at the Organ Pavilion. Then, motor through some residential areas throughout the county where entire neighborhoods have coordinated their decorating wizardry into blocks and blocks of twinkling lights, animated nativity scenes, holiday music and magical themes. Along the route, you'll be treated to a delicious homemade chicken pot pie dinner at the legendary San Diego Chicken Pie Shop. And of course, this Christmas tour wouldn't be complete without a taste of our famous eggnog and cookie treats!

Activity Level: Easy

Mission Inn Festival of Lights

Wednesday, December 18 | \$85 | DEC13 250A MIS18 | 10:30 AM-7:45 PM

This majestic national historic landmark encompasses a city block and is a 320,000-square-foot maze of stained glass and spiral staircases with an architectural mix ranging from Spanish Baroque to Italian Renaissance to hints of Japanese. Take a fascinating docent-guided tour of this architectural masterpiece and see it come alive as over two million cascading lights transform the Mission Inn into a land of holiday magic during its annual "Festival of Lights" celebration. Prior to your guided tour you'll have time to stroll the neighboring shopping area and enjoy lunch on your own at one of several nearby eateries.

Activity Level: Moderate

Holiday Sing-Along with Julie Andrews

Saturday, December 21 | \$135 | DEC13 250A LAP21 | 9:30 AM-7:15 PM

Join us for an afternoon of enchantment at the beautiful Walt Disney Concert Hall as iconic singer and actress Julie Andrews unites with the L.A. Philharmonic for a special holiday sing-along. Beloved by several generations for her iconic roles as "Maria" in The Sound of Music and the magical nanny in Mary Poppins, Julie Andrews is revered the world over for her memorable performances both on the screen and on the stage. During this festive event, Andrews will recite holiday poetry and join the Angeles Chorale to ring in the season with grace and style. You'll be provided lyric sheets prior to the performance and encouraged to raise your voice and join in on the occasion. Your tour includes reserved East/West Terrace seating for the Saturday matinee, along with an elegant luncheon in Los Angeles prior to the show.

Activity Level: Easy

Newport Christmas Boat Parade of Lights

Sunday, December 22 | \$120 | DEC13 250A PAR22 | 1:45 PM-9:15 PM

Travel with us to Newport Beach to see the legendary Newport Harbor Christmas Boat Parade right from the water. Your evening kicks off with a stop at the unique Roger's Home and Garden Store in Corona Del Mar, followed by a delicious all-inclusive dinner at the Harborside Restaurant, a historical landmark building overlooking Newport Harbor. Following dinner you'll embark on a leisurely 90-minute sightseeing harbor cruise aboard the Catalina Flyer, where you will have a unique vantage point from which to experience this spectacular event. With almost 100 years of history the Newport Harbor Christmas Boat Parade is viewed by over a million people each year. The entire Newport Harbor comes alive with decorations and festive displays, as homes, yachts, docks, and whole landscapes are transformed into a magical holiday experience you won't want to miss.

Activity Level: Moderate

Pasadena's 124th Tournament of Roses Parade

Tuesday, January 1 | \$159 | JAN14 250A ROS1 | 5:00 AM-3:00 PM

Celebrate the start of the New Year at the world-famous Parade of Roses in Pasadena! Jane Goodall has been named Rose Parade Grand Marshal. The 2013 theme is "Oh, the Places You'll Go!" Tour includes round trip deluxe motor coach transportation, complimentary snacks and beverages served on the coach, reserved north-facing grandstand seats - with the sun at your back, not in your eyes - and unobstructed views of the parade. Don't miss this annual favorite!

Activity Level: Moderate

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OVERNIGHT EXCURSIONS.....

Christmas at the Castle

Sunday, December 15 to Tuesday, December 17 | Departs 8:00 AM>Returns 6:45 PM
DbI Occ \$549 | DEC13 250A HST15-D
Single Occ \$665 | DEC13 250A HST15-S

Come along on this special 3-day excursion to Hearst Castle and experience the magnificence of the legendary mansion fully decorated for the holidays as it would have been in the 1920s and 1930s. Embark on an expanded evening tour and experience the castle just as one of Hearst's guests might have. Docents and actors in period attire add life to the opulent surroundings, taking you back to the Castle's heyday as an invited guest. Spend one night at the charming Apple Farm Inn in San Luis Obispo, a delightful Victorian-style wine country inn decked out in its glorious holiday cheer. You'll love the bed-and-breakfast feel of the Apple Farm Inn, where every room has a cozy gas fireplace and each has its own unique decor. You'll also spend one night at The Morgan San Simeon Hotel near Hearst Castle, where the rolling green hills meet magnificent views of California's Central Coast. Discover nearby highlights including the artisan village of Cambria, the Piedras Blancas Elephant Seal Rookery, San Luis Obispo and more. You'll also visit Santa Barbara and the Danish village of Solvang, where you'll enjoy a traditional lunch at the Red Viking Smorgasbord and delight in the glorious decorations that bedeck this enchanted village known for its unique Christmas shopping, traditional Danish architecture, windmills, gaslights and cobblestone walks. Five meals are included. Don't miss this one-of-a-kind Christmas tour to the castle!

Activity Level: High

Yuletide Christmas in Scenic Yosemite

Monday, December 23 to Saturday, December 28 | Departs 8:30 AM>Returns 4:15 PM
DbI Occ \$1,295 | DEC13 250A YOS17-D
Single Occ \$1,595 | DEC13 250A YOS17-S

Experience an enchanting winter wonderland and old-fashioned holiday on this six-day journey to Yosemite National Park during Christmastime. You'll spend two nights at the elegant Tenaya Lodge located just outside the park, where you'll enjoy such winter delights as a horse-drawn sleigh ride through the snow-covered forests and lunch in the Ahwahnee Hotel's magnificent dining room amid the breathtaking beauty of a snow-covered Yosemite Valley during this magical time of year. You'll also spend two nights at Wonder Valley Ranch Resort where you'll experience some down home hospitality, a variety of entertainment and a host of fun ranch activities including a hilarious theme night. Other highlights of the tour include one night in Bakersfield with an evening performance at Buck Owens' Crystal Palace; a jingle-bell hay ride at Wonder Valley; a side trip to Old Town Clovis; a visit to The Autry Museum; the horse-drawn sleigh ride at Tenaya Lodge; 12 meals and much more.

Activity Level: Easy



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ACTIVE ADULT POLICIES

NOTE: TRIP INSURANCE IS AVAILABLE AT AN EXTRA COST. PLEASE CALL 760.942.9622, EXT. 1429 FOR INSURANCE INFORMATION.

CREDIT AND REFUND POLICY:

1. If, for any reason, a trip or event is cancelled by the Active Adults Trip and Event Director, or the YMCA, you will be issued a refund check by mail.
 2. Please allow 14-21 working days for refund check processing.
 3. On many overnight trips, cancellation policies vary. Please call Toni Friedman at 760.942.9622, ext. 1436, for detailed information on cancellation dates.
 4. **ON ONE-DAY TRIPS, RESERVATIONS FOR INDIVIDUALS WHO ARE MEMBERS OF A GROUP RESERVATION DEPARTING FROM LA COSTA PARK & RIDE MUST BE CANCELLED 14 DAYS OR MORE PRIOR TO THE TOUR DATE** in order to receive a refund. Inside 14 days, you will not receive a refund unless there is a waiting list or you are able to find a replacement.
 5. A check or credit card refund will be charged a \$10.00 processing fee per person. Check refunds can only be issued for amounts over \$20.
 6. Passengers needing any form of personalized assistance **must** be accompanied by an individual who will take full responsibility for those needs during the tour and in the event of an emergency.
- For all cancellations, transfers and questions, you **must** call Toni Friedman, Active Adults Director, at 760.942.9622, ext. 1436.
 - NOTE: The Magdalena Ecke Family YMCA does not assume any liability for injury, damage, loss or delay due to any act or default of any other company or person.
 - IMPORTANT: All Magdalena Ecke YMCA members & participants must have a completed Adult Information & Waiver Form on file before participating in our programs and events. Pick one up at the YMCA or call 760.942.9622, ext. 1429 to have one mailed to you.

CST# 2013401-50

ACTIVITY LEVEL EXPLANATIONS:

Easy: Limited walking, or walking and mobility is at your own pace, and leisurely free time is included. Few stairs are involved and elevators are usually present at destinations.

Moderate: Some stairs and/or inclines are present at destination. Moderate walking is required. Elevators may not be present at all destinations. Persons of limited mobility should consult with a physician as to the appropriateness of this tour in relation to their physical abilities.

High: Considerable walking and/or numerous steps involved, possibly on uneven surfaces. No elevators are present at destination. This tour is considered inappropriate for persons with mobility limitations.

FOR MORE INFORMATION:

Contact Toni Friedman at tfriedman@ymca.org (760.942.9622, ext. 1436) or June Green at jgreen@ymca.org (760.942.9622, ext. 1429).

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