



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Coach Expectations

1. Call and Email Your Team immediately to inform them about practices/games and make sure the players' parents know how to contact you—home/work/cell phone number, e-mail, etc.
2. Set up a Parents Meeting prior to, or following, the first game (just a helpful option)
3. Read your rules carefully—especially those designed for your age level.
4. The YMCA will provide game balls, pinnies, and cones at the games/practices.
5. Safety first—set up strict rules about safety when organizing practices & game management.
6. Support the officials – if you feel something/someone needs attention let them know in a respectful manner.
7. Coaches are responsible for their own behavior and the behavior of their fans. Be a positive role model. Put the game in perspective (FUN), and then you can relax when you see things differently from the officials.
8. Incorporate Character Development discussions/activities.
9. YMCA Philosophy is to give players equal playing time and a chance to play many positions. Give your players a well-rounded experience!
10. Dress appropriately – all coaches will be provided with a “coach” t-shirt, please try and wear this on game day, it helps parents, participants and staff recognize you should they have any questions.

Information to parents:

- ❖ Introduce yourself and other coaches; introduce team players and parents.
- ❖ Discuss pertinent rules for your level of play.
- ❖ Open Forum: allow questions/concerns from all parents/players (anything out of your control, please forward to the director).
- ❖ Be informative and distribute all printed materials and communicate any changes in the schedule or special announcements, such as picture day, bye week(s) and trophy/medal information.
- ❖ Game Behavior—stress sportsmanship for all people involved; refer to Spectator Code of Conduct.
- ❖ Establish a contact list to inform parents of changes/cancellations.
- ❖ Snack list—parents may bring healthy snacks (see our healthy snack guide) for after the game to hand out.
- ❖ Understand that you are a representative of the YMCA during all events.
- ❖ STAY POSITIVE NO MATTER WHAT & HAVE FUN!!!