



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
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THE ADVENTURE BEGINS! HOYA HOYA TRAILMATES!

For those returning for another year of fun, or if you are new to the program (whether coming out of Adventure Princesses, or just new to the YMCA father-daughter programs altogether) we welcome you! This year's calendar has been set and we have a good balance of fun events with a mix of several "E-Ticket" outings. All are guaranteed to leave you with great lasting memories of wonderful times with your daughter(s) and friends!

Trailmates runs at a different level than the Princess program. We are one big group working together without the designation of tribes. Most meals are leadership planned and coordinated with group assistance at meal time. There are no Zocolos, bead trading, or chief challenges, but there are plenty of good times and exciting memories to be had. You are always welcome to recite your Six Aims.

This year, the program is co-hosted by Andy "Running Fish" Esserman, Yaron "Riding Wave" Wilf and Matthew "Broken Spirit" Holden. Prior to joining Trailmates, each were part of the Y Princesses. Andy and his daughter Genna "Dancing Hedgehog" camped with the Coyote Nation, Yaron and Emily "Running Horse" were with Tahoe Nation and Matthew and Lucy "Blue Iris" are Bear Nation alumni.

We look forward to keeping great traditions and creating positive lasting memories of times spent as father, daughters and friends always! Make it your event and bring along the friends you and your daughter want to be with. Welcome to another year of fun and adventure!

Ready for Another Great Adventure!

Yaron Wilf
Matthew Holden
Andy Esserman



FOR MORE INFORMATION, PLEASE CONTACT THE ADVENTURE CLUBS DEPARTMENT AT 760.942.9622.