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BRING ON THE ADVENTURE

JR. CHEF EXPERIENCE

1005 Carlsbad Village Dr.
Carlsbad, CA 92008
760.729.2241

EVENT DESCRIPTION

Talented chef and instructor, Michelle McDonough, will be leading the Trail Mates girls for a culinary cooking experience. The girls will experience what it is like to work in a real restaurant kitchen. Chef Michelle will be teaching methods in preparing balanced meals with fresh veggies and lean proteins. The girls will be instructed in the proper methods of sauce making; safe cutting methods of fresh produce; gain an understanding of cooking times and temperatures; and learn about safety and sanitation in the kitchen. The girls will then be treated to a special appearance by the executive pastry chef and owner of the French Pastry Café, Olivier Baudier, who will instruct the girls in the creation of a surprise dessert. The Trail Mates dads will be enjoying each other's company in the dining room, while awaiting the exquisite meal prepared by their wonderfully talented daughters. Then, together, dads and daughters will sit down to enjoy the delicious dinner which the daughters have prepared.

AMENITIES

This cooking and dining experience will take place in the professional kitchen of the French Pastry Café in Carlsbad.



HIGHLIGHTS

- Instruction from two of San Diego's finest chefs
- Learn proper cooking methods for sauces, veggies, sides and proteins
- Learn the tricks to making a successful and delicious dessert
- Learn about kitchen safety and sanitation
- Create a wonderful three course meal and enjoy the company of all of your Trail Mate friends.

Y POLICIES & PROCEDURES

No alcohol, smoking, accelerants, glass or pets allowed at any Adventure Club event. This event will not be cancelled due to weather; RAIN or SHINE, it will take place as scheduled. Cancellations accepted Tuesday prior to the event date by 6:00 pm, call 760.635.3050.

There will be an early registration and cancellation deadline so that the Chefs can purchase ingredients appropriately. This event is very popular, so sign up early to ensure your spot. Space is limited.

For more information, please contact the Adventure Clubs department at 760.942.9622