



LAKE HODGES PADDLE TO HERNANDEZ HIDEAWAY

Join us for an afternoon paddle on Lake Hodges. We will explore the lake, birds and wildlife as we paddle out towards the dam. Then we will paddle to Hernandez Hideaway for a late lunch before paddling back. Cost includes kayak, paddle, life vest, launch fee and instructor/guide.

DATE: Saturday, October 3, 2009

TIME: 1:00 pm–5:00 pm

FEES: \$53 member | \$66 non-member
Cost includes kayak, paddle, life vest and instructor/guide
(\$41/\$53 with your own kayak)

CODE: 25SI MFKAY03

NEXT PADDLE:

Saturday, November 7, 2009

1:00 pm–4:00 pm

Green Sea Turtle Discovery
Tour on South San Diego Bay

To be prepared for our various weather conditions, please wear comfortable, layered, quick-dry (non-cotton) clothing including shoes that can get wet. Tennis shoes or water sandals with a heel strap work well. Also bring sun and wind protection such as a windbreaker, hat, sunscreen, sunglasses, one quart of drinking water and money for lunch.

Directions: From I-5, take Encinitas Blvd. to Paseo Del Delicias/Del Dios Hwy. Turn left and go east toward Escondido for several miles. You will eventually see the lake and dam on your right. Turn right on Via Rancho Parkway. Look for the turnoff to Lake Drive and turn right. Follow Lake Drive for a few miles until you come to the gate for the lake entrance on the left hand side.

From 1-15, exit Via Rancho Parkway and go west to Lake Drive, then south to the lake entrance on your left hand side.

From the entrance it's about one mile to the concession/launch area. The contact telephone number at the lake is 619.368.3939 if you are delayed or need further instructions.

REGISTER IN PERSON AT THE YMCA OR CALL 760.635.3050

For more information contact Carolyn Mack
at 760.942.9622 x1023 or cmack@ymca.org.