

KAYAKING

GREEN SEA TURTLE DISCOVERY TOUR

Join us for our final kayaking paddle of the year on South San Diego Bay, where the green sea turtles migrate to the warm, shallow waters of the Chula Vista Wildlife Preserve. We will enjoy a relaxing paddle around the quiet lagoon, passing over eel grass beds where we will see a variety of birds, flying fish and other marine life in the nature preserve. As we search in our silent kayaks for the elusive sea turtles, we will see the backs and heads of the turtles, and hear their distinctive sighs, as they rise out of the water to breathe.

DATE: Saturday, November 7, 2009

TIME: 1:00pm–4:00pm

FEES: \$53 member | \$66 non-member
\$41/\$53 with your own kayak

Cost includes kayak, paddle, life vest and instruction and guide.

CODE: 25SI MFKAY07

To be prepared for our various weather conditions, please wear comfortable, layered, quick-dry (non-cotton) clothing including shoes that can get wet. Tennis shoes or water sandals with a heel strap work well. Also bring sun and wind protection such as a windbreaker, hat, sunscreen, sunglasses and one quart of drinking water.

Directions: Take I-5 South past downtown San Diego. Continue a few miles further south to the City of Chula Vista. Take the J Street/Marina Parkway exit. Turn right, go straight past the stop sign and take the next left onto Marina Way. Follow this for a short way, turn right when you get to the parking lot and follow it around to the boat ramp. The contact phone number at the boat ramp is (619) 368-3939, if you are delayed or need further directions. Please plan to arrive by 12:45 p.m. for the on-land instructions and paddling lesson.

REGISTER IN PERSON AT THE YMCA OR CALL (760) 635-3050

For more information contact Carolyn Mack
at (760) 942-9622, ext. 1023 or cmack@ymca.org