

For more information, contact our program director at (760) 942-9622, ext. 1401; or Sensei Rivera at ext. 1801.

Congratulations to the Academy of Freestyle Martial Arts newest members to the rank of Black Belt.



From left to right: Caleb Nielsen, Colin Aleshire, Nick McNair and Andrew Clepton



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PROGRAM HIGHLIGHTS

Welcome to the new students who have joined Academy of Freestyle Martial Arts with Sensei Rivera. We hope your journey to Black Belt Excellence will be a goal that can be obtained. For students who are returning welcome back and "Bring it ON!!!"

Program Highlights



Have you had a chance to look at the Magdalena Ecke Family YMCA Web site and view the videos which display the FORMS that are used during belt exams? Sensei Rivera will always be one step ahead in keeping young martial artists prepared to progress and train with him.

Web Address:

www.ecke.ymca.org

Home Page:

Programs → Youth → Academy of Freestyle Martial Arts
(http://www.ecke.ymca.org/english/index_youth_martial-arts-freestyle.html)

Click on: Academy of Freestyle Martial Arts New Forms Video
Go to appropriate Form for student to review.

SEPTEMBER: Parents Night Out
Hope all had a great time! December **Shop and Drop** is next!

OCTOBER: Halloween Celebration
Start thinking about a costume! Halloween is just around the corner. Lessons on October 28, 29 and 30.

See inside for more Program Highlights

PROGRAM HIGHLIGHTS CONTINUED

AMFA EVENTS 2009 to 2010

2009

September	7	Labor Day, no classes
September	11	Fall Parents Night Out
October	28 & 29	In Class Halloween Party
November	18-21	Belt Exams
December	4	Holiday Shop & Drop
	5	Holiday Parade
	16-18	Awards Party
	19-1/3/10	Holiday, no classes

2010

January	6	Back to Classes
February	12	Valentine's Day Parents Night Out
	24-27	Belt Exams
March	11 & 12	Kick-A-Thon
April	TBA	
May	26-29	Belt Exams



A BLACK BELT LEADERSHIP SCHOOL

Movie Nights

- Birthday Parties
- Awards Parties
- Picnics
- Demonstrations
- School Visits
- Tournaments
- Belt Exams
- Weapon Seminars
- Extreme Kicking Seminars
- Private Lessons

Academy Creed

Mentally, physically and spiritually I will give my best, persevere with the confidence to believe in myself, and to stand by what is right. Through discipline, I will accomplish my task at hand and use respect to better the world around me and to better who I am.

IMPORTANT CLASS NOTICES

WE WANT YOU!!

Sensei Rivera is seeking a Class MOM or DAD for several the following classes:

3:15 pm Monday/Wednesday	3:15 pm Tuesday/Thursday
4:45 pm Monday/Wednesday	4:15 pm Tuesday/Thursday
5:30 pm Monday/Wednesday	5:00 pm Tuesday/Thursday
6:15 pm Monday/Wednesday	

Please contact Sensei Rivera and place your name on the interest list in the Mega Studio. For more information, please contact Mary Luke Foster, Arts and Enrichment Director, at ext. 1401 or mfoster@ymca.org.



IMPORTANT UPDATE:

Face masks will now be required for all Karate Kids who are at a belt rank where sparring is conducted. This is a mandatory rule and must be followed by all students. Sensei Rivera will be taking orders and several masks are currently available at the YMCA. Purchase from Sensei Rivera.