

Y ACTIVE ADULT ADVENTURES

SEPTEMBER-OCTOBER 2009

ALL NEW!



TRIPS DEPARTING FROM YMCA GYMNASIUM

LA JOLLA WALKING TOUR

Enjoy a 2 HOUR NARRATED WALKING TOUR of the historic Coast Walk with its priceless views and learn about the Green Dragon Colony, Devil's Slide, and Sunny Jim. Wander the village (as central La Jolla is called) to get a sense of La Jolla's rich history and architectural treasures. From its cafés to its cottages, this jewel will earn a place in your heart. Lunch is on your own in the village, with time to shop and wander afterwards.

DATE: Monday, September 21, 2009

TIME: 9:00 am-4:00 pm

FEES: \$38 member | \$44 non-members

CODE: SEP09 25OA LJ

REGISTRATION DEADLINE: September 15, 2009



LITTLE ITALY WINE TASTING & COOKING DEMOS

Join us for a special visit to historic Little Italy for an Italian wine tasting with special yummy Italian appetizers and a cooking demonstration of Sicilian specialties by Chef Nino of the Busalacchi Restaurant Group. Guests will have a chance to taste each of the items prepared and to ask questions of the chef.

The program culminates with a visit to the renowned Cafe Zucchero for homemade gelato and a mini lecture on the differences between American & Italian ice cream. There will also be free time for guests to explore Little Italy's quaint European style shops and food emporiums. Fees include transportation, food and wine, as well as all gratuities.

DATE: Wednesday, September 30, 2009

TIME: 9:15 am-4:30 pm

FEES: \$55 member | \$60 non-members

CODE: SEP09 25OA LI

DEPARTS: Encinitas Coaster Station

PLEASE PICK UP OUR FLIERS FOR MORE DETAILS ON THESE AND OTHER TRIPS



YOU MAY REGISTER FOR ALL OF THESE EVENTS IN PERSON AT THE FRONT DESK OR BY CALLING (760) 635-3050.

For more information, please contact Toni Friedman, Active Adults Director at (760) 942-9622 x1436.

SUNSET GONDOLA CRUISE IN CORONADO CAYS

Indulge in all the magic and tradition of Venice right here in San Diego as you gently cruise in a **private gondola through the enchanting canals of the Coronado Cays**. Enjoy a **one hour sunset cruise (5:30 pm) with complimentary appetizer or dessert plate**. Guests may bring their own beverages (ice buckets, glassware and wine openers are supplied); blankets are also provided. Spend the afternoon in Coronado Landing with time for shopping and **lunch on your own**. **Fee includes transportation, cruise, taxes and gratuity.**

DATE: Thursday, October 8, 2009

TIME: 1:00 pm–7:30 pm

FEES: \$56 member | \$62 non-members

CODE: OCT09 25OA GON

REGISTRATION DEADLINE: September 20, 2009



AVI RESORT IN LAUGHLIN

Spend 3 days and 2 nights at the upscale Avi Resort and Casino on the Colorado River! Enjoy 2 buffets, free Bingo, seven restaurants, lagoon pool in tropical environment, private white sand beach, on-board guide and refreshments, baggage handling, and free shuttle to downtown Laughlin. Round trip deluxe motor coach transportation is included.

DATE: October 18–20, 2009

TIME: TBD

FEES: \$138 member | \$148 non-member (single occupancy)
\$119 member | \$129 non-member (double occupancy)*
*Fees are per person.

CODES: OCT09 25OA AVI-S | OCT09 25OA AVI-D

REGISTRATION DEADLINE: September 1, 2009

****NO CANCELLATIONS AFTER SEPTEMBER 1, 2009****

PERSIMMON RANCH & MYRTLE CREEK NURSERY

You'll travel to the beautiful Pauma Valley and learn what it takes to grow the exotic Fuyu persimmon. **Sample the crisp, sweet bright orange fruit, then pick your own** (price of persimmons is not included in cost of tour). You may also choose from boxes of freshly picked Fuyus. Then enjoy **lunch at the Lazy H Ranch**, a valley establishment since the 1950s that sits in a beautiful tree-shaded oasis. After lunch, we'll take a **25-minute scenic drive to Fallbrook's Myrtle Creek Nursery, known as the "Disneyland for gardeners."** Gift shop is brimming with gifts and home accessories. Short walking tour of the grounds is optional. **Fees include lunch and motorcoach transportation.**

DATE: October 28, 2009

TIME: 9:00 am–4:00 pm

FEES: \$59

CODE: OCT09 25OA PERS

ACTIVE ADULT POLICIES

CREDIT AND REFUND POLICY:

1. If, for any reason, a trip or event is cancelled by the Active Adults Trip and Event Director, or the YMCA, you will be issued a full refund check by mail (please allow 14–21 working days for refund check processing).
2. Reservations for individuals who are members of a group reservation must be cancelled 21 days or more prior to the tour date on one-day trips in order to receive a refund.
3. A check or credit card refund will be charged a \$5.00 processing fee per person. Check refunds can only be issued for amounts over \$20.
4. **Overnight cancellation policies vary trip by trip. Please read flyers carefully.**

FOR ALL CANCELLATIONS, TRANSFERS AND QUESTIONS, YOU MUST CALL TONI FRIEDMAN, ACTIVE ADULTS DIRECTOR, AT (760) 942-9622, X1436.

NOTE: The Magdalena Ecke Family YMCA does not assume any liability for injury, damage, loss or delay due to any act or default of any other company or person.

IMPORTANT: All Magdalena Ecke YMCA members and participants must have a completed Adult Information & Waiver Form on file before participating in our programs and events. Pick one up at the YMCA or call (760) 635-3050 to have one mailed to you.